



wildernschool

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Dear Parents/Carers,

From Monday 5th January, all Year 9 students will begin learning practical, life saving training in Cardiopulmonary Resuscitation (CPR). This will be a one off lesson in tutor groups that will take place during the Spring term.

We believe that CPR is a vital life skill, and its inclusion in the curriculum ensures our students are equipped with the knowledge and confidence to potentially make a critical difference in an emergency. The sessions will be led by our experienced staff and will cover the fundamental techniques of CPR in a safe and supportive environment.

We are mindful that the majority of our current Year 9 students (who were in Year 7 at the time) witnessed a real-life instance of CPR being administered on school premises. We understand that this was a significant and memorable event for them.

While this experience has given students an acute awareness of just how vital this skill is, we recognise that the prospect of practical training may bring back memories or raise questions.

We therefore wanted to give you, as parents and guardians, the opportunity to discuss this upcoming training with your child before the sessions begin in the new year. Having this conversation at home will help ensure they approach the training feeling comfortable, supported, and fully prepared to learn this essential skill.

Thank you for your ongoing support.

Yours sincerely,

Miss Harriet Jones
Deputy Headteacher

