



wildernschool  
an academytrust

# wildern news

Summer 2017



## A Taste of the Orient

Year 10 visit China

## The Gardens Of Eden

Year 9 Students visit the Eden Project

## The Enigma Code

Learning the Secrets of Bletchley Park

Plus lots more inside.

Photograph taken by Oliver Secker





# SUMMER 2017

Why not join us at the d.@rt Centre as we explore

## UNDERGROUND and OVERGROUND

Themed Arts and Crafts activities for boys and girls aged 4-12 years old.

Monday - Friday, 10am-3pm

Prices: £17 per day, per child £22 for cookery Wednesdays  
extra hours available 9am - 5pm (£2 per hour)

### 14th August - 18th August Animal adventures underground

Date	Activity	Description
Monday 14th August	Arts & Craft Collage	Learn about what lives underground and create a collage picture
Tuesday 15th August	Arts & Craft Drawing	Nature walk to find mini beasts then learn how to draw cartoon style bugs for a comic strip
Wednesday 16th August	Cookery	Using ingredients from Underground and Overground cook up a variety of tasty dishes
Thursday 17th August	Arts & Craft clay day	Make a burrowing animal out of clay for your home or garden.
Friday 18th August	Arts & Craft Story Telling	Taking inspiration from the classic Roald Dahl book Fantastic Mr Fox, write and illustrate a new Mr Fox story

### 21st August - 25th August Explore what happens when we dig down

Date	Activity	Description
Monday 21st August	Arts & Craft Construction	Learn about where we get clay from and build a simple wattle and daub fairy house
Tuesday 22nd August	Arts & Craft	Learn about mining for gem stones and create some funky jewellery for yourself or to give away
Wednesday 23rd August	Cookery	Rock, marble and layered cakes which sparkle and shine!
Thursday 24th August	Art	Learn about Chalk quarrying in Hampshire and create your own Hillside Chalk drawings
Friday 25th August	Arts & Craft Story Telling	Devise an adventure story based the idea behind journey to the Centre of the Earth. What wonderful monsters, creatures might you come across?

### 28th August - 1st September Construct: What goes up or what comes down!

Date	Activity	Description
Monday 28th August		<b>CLOSED FOR BANK HOLIDAY</b>
Tuesday 29th August	Arts & Craft	Design a vehicle that can float, fly and drive - take inspiration from James Bond's special car, the Octonauts or Paw Patrol
Wednesday 30th August	Cookery	Make food that is light as a feather!
Thursday 31st August	Arts & Craft Drawing	Draw trains, and boats, planes. Create a pencil drawing framed picture
Friday 1st September	Arts & Craft Story Telling	Write a short story entitled 'If I could Fly...! Create a short animation using I Can Animate..'

Our activities, with the exception of the cookery sessions on Wednesdays which are split into three age groups 4+, 8+ and 10+, are taught in a mixed age group.

All our tutors and assistants carry current DBS certificates. The d.@rt Centre is Ofsted registered and is able to accept childcare vouchers.

### 31st July - 4th August What is happening under our feet?

Date	Activity	Description
Monday 31st July	Imagination and Drawing	The Making of maps - creating your own underground map for a fantasy town using the London Underground map for guidance
Tuesday 1st August	Craft	Become a Pirate for a day and discover some buried treasure!
Wednesday 2nd August	Cookery	Using the underground for inspiration cook up a variety of tasty dishes
Thursday 3rd August	Arts & Craft Painting	Using the wonderful illustrations of E.H. Shepherd, learn how to draw characters from Wind in The Willows.
Friday 4th August	Arts & Craft Storytelling	Tell a tale of smugglers and their underground antics using super story stones.

### 7th August - 11th August What is happening over our heads?

Date	Activity	Description
Monday 7th August	Design and Drawing	Design a city in the sky. Learn the basic principles of drawing buildings.
Tuesday 8th August	Fun with Paint	Paint a picture of your ideal city in the sky. Experiment with water colours
Wednesday 9th August	Cookery	Using ingredients that grow above our heads for inspiration, cook up a variety of tasty dishes
Thursday 10th August	BIG ART	Using recycled materials, build a fantasy city in the sky!
Friday 11th August	Arts & Craft Storytelling	Write and illustrate a story entitled 'When I build my home in the sky...'

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Summer Newsletter designed by  
Ms Helen East

### Important Dates

5th September	Year 7's Start
6th September	All Years back
25th Sept - 6th Oct	PLR Fortnight
30th October	CPD Day
11th October	Year 11 Parents Evening
23rd Oct - 27th Oct	Half Term
11th December	Christmas Concert
22nd Dec - 5th Jan	School Closed for Christmas





Dear Parents and Carers,

Welcome to our final newsletter of the year which is as busy and as full as ever. I have written to all parents and so will try and avoid repeating the content of my letter which talks a little about our new direction of travel in the form of the new schools and some reflections on the year. My focus in this brief introduction to the Newsletter is one of thank yous.

Firstly to you the parents who work with us, day in day out, supporting our students. As I always say 'ours is a critical partnership' and I thank you for working so positively with us to secure a great education for our students. We are proud of this productive relationship and the positive dialogue we have.

Secondly my thanks must go to my colleagues who work tirelessly for our students in and out of the classroom. There have been numerous trips abroad and at home this year all of which take time, detailed organisation and commitment. I know when I speak to staff this is a very rewarding part of their job. Apart from the hugely disappointing Italy trip, we have enjoyed fun and laughter from the ski slopes of Austria to the Great Wall of China.

All this, of course, is made so worthwhile by the students' enjoyment and the feedback we receive from parents, students, staff and indeed people who do not know much about Wildern. I often receive positive feedback on how fabulous our students are. So last but not least my thanks goes to all of them.

We have said a sad farewell to a wonderful Year 11 group; all of whom have worked so hard, and a warm welcome on Induction Day to our new generation. We will see our Year 11's again in August on results day and indeed meet our new Year 7's in September. A nervous time for all of them one way or another.

I have welcomed any news and updates from you and the students' regarding achievements and have tried hard to include them in my monthly Blog. Please keep me informed of any student news. Such achievements are a huge motivation and an inspiration to others.

Please enjoy the following newsletter and look out for our newly developed Website which we hope will go live at the start of next term.

I wish you all a fabulous summer wherever it takes you.

Kind regards

*Miss M L Litton*

M.L Litton - Headteacher



# Outrun Cancer



Wildern's first ever Outrun Cancer fun run took place on Tuesday 27th June organised by students from the Mind, Body and Soul focus group. Students wanted to raise money for two very important units at Southampton General Hospital, the Teenage Cancer and Piam Brown units. Both provide high quality and vital care for young people whilst providing a place of sanctuary in what is a testing and very difficult time for them, their families and their friends.



It was an absolutely amazing event with over 100 staff and students turning up to run 3k, 5k or even more! There was a fantastic atmosphere and a number of comedy moments from sliding finishes from Milo Whale and Mr Collings to cartwheels across the finish line! **We raised £1,200...!! Fantastic!**

The Mind, Body and Soul group have been overwhelmed.

**Miss Bullivant**

## Wildern House Championship 2017

The Champions will now have been crowned! At the time of writing this article Alba (Mrs Oakley) were only a few hundred points ahead of closest rival's Sovereign (Mr Jones). Both houses were looking to steal the crown from last year's winners Jubilee (Mrs Wheeler) and so become the first house to win the competition twice!

The final positions and points will be published in Autumn newsletter.

**Mr Pike**

Position	House	Points
1st	Alba	45381
2nd	Sovereign	44933
3rd	Bedford	43614
4th	Jubilee	43441
5th	Driscoll	43008
6th	Paxton	42591





# PROM 2017



The Year 11's dressed to impress at the Wildern school Prom held at St Mary's Stadium on June 30th. The girls looked beautiful in their glamorous prom dresses. There were so many colours and styles. The boys looked very smart in their suits. They all arrived in, or even on, an array of elaborate transport. Everyone looked amazing. What a fantastic night!





# ART

department



Charlotte Lidster



Shawe Randall

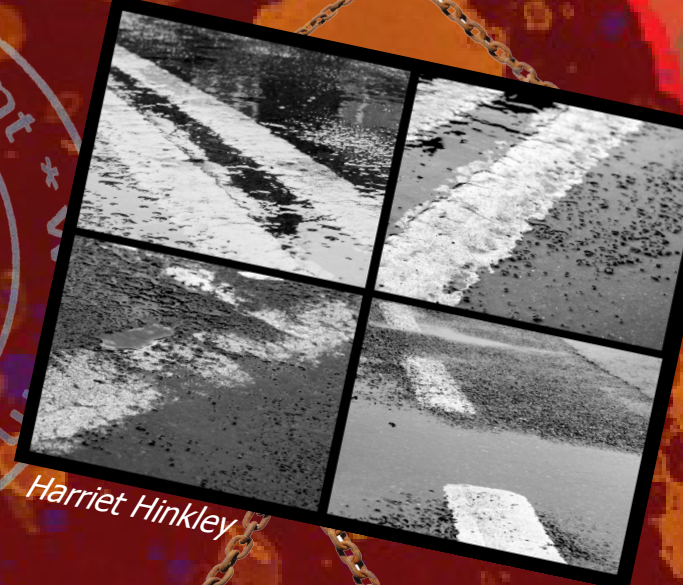
## Year 11 GCSE Exhibition 2017



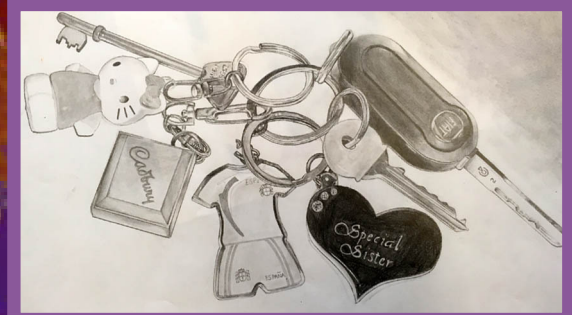
Logan Hunt



Paris Moore



Harriet Hinkley



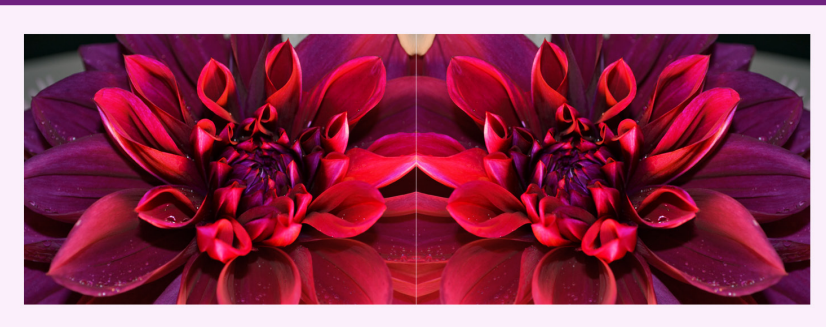
Isobella Raucci

We said a final congratulations and good luck to all our ex year 11 GCSE Art and Photography students at the annual exhibition which was held in the D@rt on 23rd June. All students showed real commitment and dedication over the duration of the course, producing some truly inspiring and individual pieces of work, the overall standard is once again phenomenal and we look forward to results day in august!

We will also be celebrating at the forthcoming OSCAR's. You can see some of the nominations for KS4 Art and Photography here – I think you'll agree that once again the standard is amazing, a tough job for the Judges to select the winners! Looking forward to seeing you at this glamorous event!

To all art and Photography students best wishes for your futures.

Mrs Lynch and the Art Team



Niamh Miller



Ella Mackenzie-Sly



Solent Showcase Gallery  
Year 9 Photography Trip



On Monday the 8th May, 15 Photography students from Wildern enrolled in a workshop at Southampton University. The workshop consisted of viewing a Karl Blossfeldt exhibition. We were very fortunate as the exhibition wasn't public yet and we were the first to view it. After that we left the display and went to a park. There we foraged plants and flowers to use later. We then went to a studio where famous photographer Rosy Maguire taught us how to make images merely using a light and a tin can. We also had a short tour around their facilities including their dark rooms. This was a very unique and fun experience and we are all so glad to have been a part of it.

By Lauren Dennett and Izzy Tafa-Wallace 9B2



Poppy Wilson-Smith



Georgia Fensome



# CHINA

Over the Easter holidays students in Year 10 went east and journeyed to Shanghai as part of a 10 day fieldtrip to China. We were wowed by the amazing city-scape scenery and the skyscrapers of the financial district and we were only a little scared of the glass floor 248 meters up the Pearl Tower!

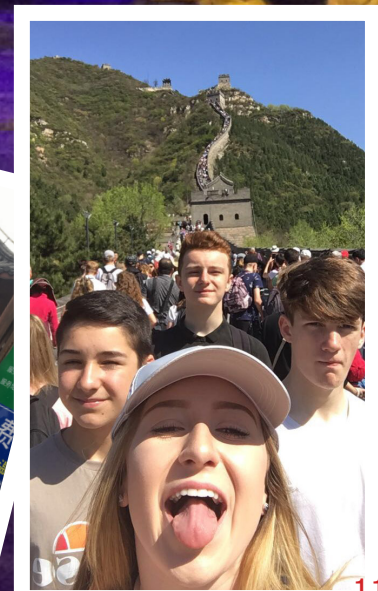
After 4 days in Shanghai seeing the sites and visiting the VW factory as part of the economic focus of the trip we travelled by the speedy bullet train to Beijing. Here students got to appreciate the beautiful temples and palaces built by the Emperors and see a different side to Chinese culture.

One of the many highlights of the trip was a Kung-Fu lesson with a Kung-Fu master as well as getting to see a Kung-Fu show in Beijing which was thoroughly enjoyed by all.

On our final night we tucked in and enjoyed a farewell Peking Duck Dinner leaving us with great memories of such an interesting and culturally rich city.

Thank you to all the teachers who gave up their time and to the 35 brilliant students of 'Team China'. I hope it inspires the 'travel-bug' in you to explore far off places.

**Mrs Broadribb**





# Welcome to the LRC



## Reading Challenge

The LRC has been a hive of busy readers this term working their way through the Reading Challenge bookmark given to them by the English department. Once they'd read one of the options on the bookmark, students then completed a book review, some of which are on display in the LRC.

### Book Review - Divergent by Veronica Roth

I chose this book because I adored the film. The book was probably even better. It was thrilling, intriguing and outstandingly detailed. I would definitely recommend this book to everyone.

**Jake Harvey**



### Book Review - The Breakfast Club

by Katie Costelloe

This book was about a group of 4 friends, who meet weekly for breakfast, helping each other with their problems. It was based mainly on a girl called Billie Gold. She loves music but her mother doesn't want her to have a career in music. Later on in the book Billie finds out her mother's big secret..... I loved this book because it was interesting and showed me that I can always turn to friendship.



**Lily Cousens**

### The 2017 Reading Challenge!

The rules: read, read, and read, to your heart's content. Evidence your reading by writing a short summary of each book for the LRC. For those successful in this task, there will be prizes...

- ▽ A book with a colour in the title
- ▽ A book that has been turned into a film
- ▽ A book about food
- ▽ A book set during wartime
- ▽ The first book in a series that you've not read
- ▽ A book that's been on your "To be read" pile for too long
- ▽ A book published in 2017
- ▽ A book you chose by its cover
- ▽ A book recommended by a teacher
- ▽ A top 10 international best-seller
- ▽ A book set outside of the UK
- ▽ A classic

## Meet our new Librarian Senior Prefects

**Who:- Emma Sanders**

*Favourite book:-*

*Harry Potter and the Philosopher's Stone by J.K. Rowling*

*Favourite series:-*

*Harry Potter by J.K. Rowling*

*Favourite book character:-*

*Neville Longbottom (Harry Potter series)*

*Favourite film based on a book:-*

*The Fault in Our Stars by John Green*

*Book Recommendations:-*

*Faceless by Alyssa Sheinmel*

*The Maze Runner by James Dashner*

*The Hunger Games by Suzanne Collins*



**Who:- Tiffany Biles**

*Favourite book:-*

*Mortal Instruments by Cassandra Clare*

*Favourite series:-*

*Harry Potter by J.K. Rowling*

*Favourite book character:-*

*Hermione Granger (Harry Potter series)*

*Favourite film based on a book:-*

*The Goblet of Fire (Harry Potter book 4)*

*Book Recommendations:-*

*Night Owls by Jenn Bennet*

*Percy Jackson and the Lightning Thief by Rick Riordan*

*City of Bones by Cassandra Clare*



## Children's Book Award

The Ethan I Was Before

by Ali Standish

A heart-warming story about a boy called Ethan, and a girl called Kacey who was in a life-threatening accident and is now in hospital. Throughout the book the incident is slowly revealed in bite-sized packets of information and flashbacks that leaves the reader wanting more. I enjoyed this book and would recommend it to all ages. An award-worthy read and completely un-put-down-able.

**By Lyndon Lee-Mitchell**



THE READING AGENCY AND LIBRARIES PRESENT

# ANIMAL AGENTS

SUMMER READING CHALLENGE 2017

animal-agents.org.uk

## Volunteers Needed!

We need volunteers of all ages to help with the Summer Reading Challenge. You will be talking to children, parents and carers, telling them about this year's Challenge, how to take part, signing them up, giving them their starter packs and updating their progress. At the end you will give them a certificate and a medal!

We will provide you with all the training and support you need. You can volunteer at a time and place that suits where you live and spend your time.

**We need you to:**

- Register families to take part in the Challenge using a form on a tablet or laptop
- Talk to children about books they have chosen and update their records
- Understand and be able to explain the Summer Reading Challenge
- Encourage children to finish the Challenge
- Generally help in the library with other duties and customer enquiries.

Interested? Ask at the reception desk

www.hants.gov.uk/library

Hampshire County Council  
www.hants.gov.uk

## Hays Travel Donation

Huge thanks to Hays Travel in Hedge End who very kindly donated some fiction books to the Wildern LRC. Here we are pictured with the lovely Lisa and Richard from the Hedge End Branch - fantastic!





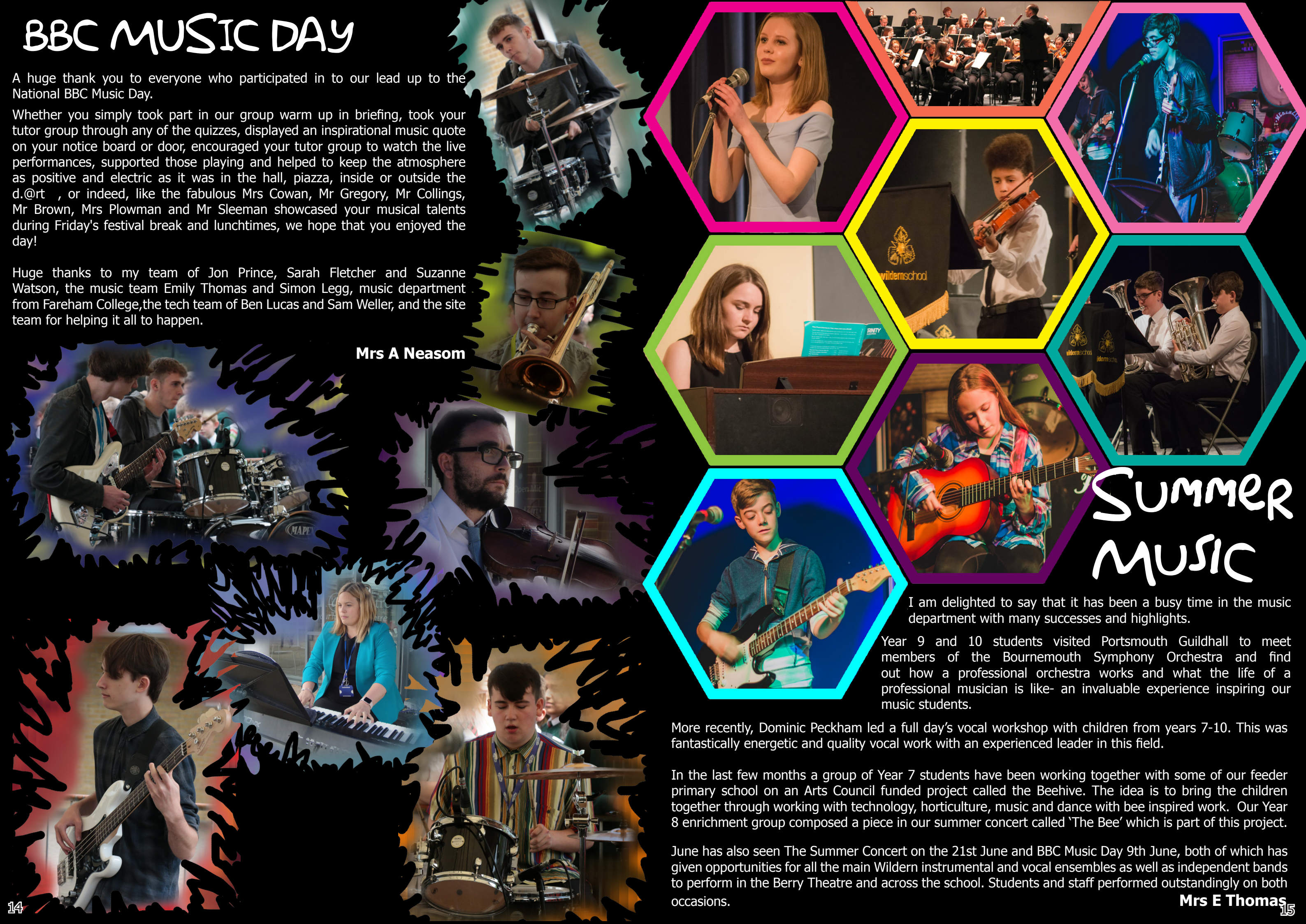
# BBC MUSIC DAY

A huge thank you to everyone who participated in to our lead up to the National BBC Music Day.

Whether you simply took part in our group warm up in briefing, took your tutor group through any of the quizzes, displayed an inspirational music quote on your notice board or door, encouraged your tutor group to watch the live performances, supported those playing and helped to keep the atmosphere as positive and electric as it was in the hall, piazza, inside or outside the d.@rt , or indeed, like the fabulous Mrs Cowan, Mr Gregory, Mr Collings, Mr Brown, Mrs Plowman and Mr Sleeman showcased your musical talents during Friday's festival break and lunchtimes, we hope that you enjoyed the day!

Huge thanks to my team of Jon Prince, Sarah Fletcher and Suzanne Watson, the music team Emily Thomas and Simon Legg, music department from Fareham College, the tech team of Ben Lucas and Sam Weller, and the site team for helping it all to happen.

**Mrs A Neasom**



# SUMMER MUSIC

I am delighted to say that it has been a busy time in the music department with many successes and highlights.

Year 9 and 10 students visited Portsmouth Guildhall to meet members of the Bournemouth Symphony Orchestra and find out how a professional orchestra works and what the life of a professional musician is like- an invaluable experience inspiring our music students.

More recently, Dominic Peckham led a full day's vocal workshop with children from years 7-10. This was fantastically energetic and quality vocal work with an experienced leader in this field.

In the last few months a group of Year 7 students have been working together with some of our feeder primary school on an Arts Council funded project called the Beehive. The idea is to bring the children together through working with technology, horticulture, music and dance with bee inspired work. Our Year 8 enrichment group composed a piece in our summer concert called 'The Bee' which is part of this project.

June has also seen The Summer Concert on the 21st June and BBC Music Day 9th June, both of which has given opportunities for all the main Wildern instrumental and vocal ensembles as well as independent bands to perform in the Berry Theatre and across the school. Students and staff performed outstandingly on both occasions.

**Mrs E Thomas**



# YEAR 8

On behalf of myself and Mrs Guerrini I want to express how proud I am at all Year 8 have achieved this year. Not only have we had sporting stars in Germany, successful school trips across the country and many brilliant tutor campaigns, we have also negated the options process with maturity in our journey to KS4.

However, a success more recently has been focusing on our Hub Garden project, in which donated plants and soil are being used to create a herb and flower garden in the green space up at the hub. (Any plants or soil donations gratefully received!)

A final success of the year also goes to Madeline Cooper who competed at the World Triathlon Championships in Leeds achieving 1st place in her age category and 7th place overall; congratulations Madeline!

Mr Bateman



# YEAR 10

As we reach the end of Year 10 I think it is important to reflect on the journey we as a year group have been on so far. Whilst there have been ups and downs along the way it has been encouraging to see the cohort begin to mature and take focus on the next stage of their journey at Wildern.

I would like to say well done and thank you to the students of Year 10 who are working hard, inching ever closer to their target grades and also importantly turning into well rounded individuals.

We all know that Year 11 will be a tough and hard year but by working together as a team we will achieve great things.

Mr Thomas

SUCCESS

# YEAR 9

Year 9 have continued to maintain their wonderful reputation of being a diligent, hard working and exceptional year group this year. With the added challenge of starting their respective GCSE pathway option choices. All students have done fantastically well and I hope will continue to enjoy and succeed in all areas of the curriculum as we move into year 10.

As always, its not just in the classroom that we boast huge successes; the school's sports teams continue to be heavily represented by year 9's, as well as having fantastic talent on display in the variety of musical performances that have occurred.

I particularly enjoyed watching Year 9 students take an active, and indeed the lead role in the school production of Annie and I'm pleased to hear that this will also be the case for the next production in October. Our students have a wealth of talent to offer and I enjoy continuing to learn of their brilliant achievements; as I track their academic progress its so great to also learn of their endeavours outside of school with some students competing on an international stage in gymnastics, swimming and dance. Thank you as always Year 9 for being fantastic; I wish you a happy, safe and enjoyable summer holidays.

Mr Hastings



# YEAR 7

As we approach the end of our first year at Wildern School I am incredibly proud of what the Year 7 students have achieved.

They have transitioned from primary school children into fully fledged Wildern students fantastically well and have contributed excellently to our school and community. I am privileged to work with such wonderful young people and can't thank my Tutor team and my ADoPA, Miss Wyatt enough for their help and support in moulding these young people into such excellent contributors to our School.

Although I can't believe that a year has passed already, I am very excited to see what Year 8 holds for this bright, sparky and exceptional year group.

Mr Denman

# YEAR 11

Huge well done to the Year 11's on getting through the GCSE exams in the summer heat!

Mr Gregory







Before the June heatwave struck the Geography department took students from year 9 to visit the Eden Project in St Austell. On the way down we stopped off at Finlake Park in Devon and had a great time hanging out quite literally on zip wires and enjoying a tree tops adventure. From here we then continued our journey into Cornwall and reached the amazing YHA snoozeboxes! These are container units which have been converted into sleeping pods with wet rooms which were really cozy.

We spent Saturday inside Eden starting with a lovely breakfast enjoying food grown and sourced locally before completing tasks related to the rainforest and Mediterranean biomes and the GCSE course on ecosystems. Later in the afternoon we visited the beautiful seaside village of Fowey and got to sample some delicious local fudge. The trip finished on the Sunday with a visit to the Plymouth Aquarium where we had time to investigate a totally different habitat to the biomes at Eden.

The Geography Department want to thank all the students on the trip for getting involved in all activities and for making it a success!

Mrs K Broadribb







### Portuguese Exchange: Outstanding Oscars

On the 10th of March a group of Year 9 and 10 students set off for their most exciting adventure yet, with Miss Applegate and Mrs Yale in tow. They were on a flight to Portugal - a country full of lovely people, gorgeous views and wondrous culture!



Visiting Portugal was one of the best weeks of our lives. Mrs Yale and Miss Applegate were fantastic - always there to support us and have fun with us.

Each of us stayed for 5 days with our exchange students, getting to know them and their families. We experienced lots of their Portuguese culture and made many wonderful memories.

On the Sunday we had the opportunity to go surfing, and we all had a go. It was brilliant! And then on the Monday we attended their Oscars - we loved every second of it. We also had the chance to see their school, which is very different to Wildern.

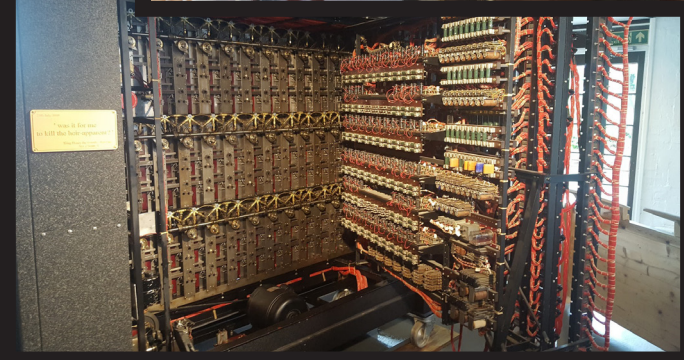
It was a lot smaller and they use a registration system where they all scan their student pass as they enter the school. Oh and they use blackboards!

We thoroughly enjoyed this visit and it was great to be involved.... Roll on the Wildern Oscars in July!

**Megan Roberts**



After all of the fun that we had, we finished the day of with a group photo.



Top left: Bombe Drums  
Left: back of 'The Bombe' replica.

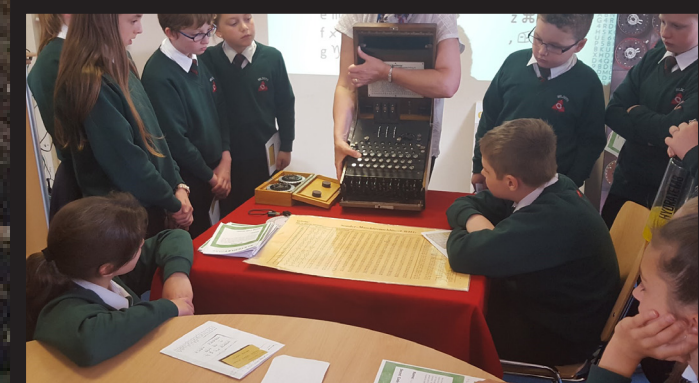


On the 18th of May students from Yr7 and Yr8 went to Bletchley Park near Milton Keynes for a Computer Science trip. We saw a rare German code breaking machine called 'The Enigma'. The Enigma has 15,000,000,000,000,000 combinations of making codes with letters. There are less than 20 machines still surviving, some in museums, some in private collections and one of them in Bletchley Park. It cost Bletchley Park £250,000.

We took a guided tour where the friendly guides told us that there were 10,000 people that had worked in Bletchley Park during World War II and who were entrusted not to tell anybody what was in Bletchley Park or what they were doing as jobs; Some people thought it was a mental asylum! The people that worked there didn't let slip anything, even to this day.

After we finished our guided tour we were free to go wherever we wanted to go in the park, but obviously with a teacher \*rolls eyes\*. Then we went to see a 'fascinating' exhibition about the pigeons who delivered letters to other British troops in WWII.

We also went to the museum to see a replica of 'The Bombe' working! It was amazing!



Mark Winney-Villagrasa 8A2

Here we are doing a code breaking workshop. On the table at the front there is 'The Enigma'

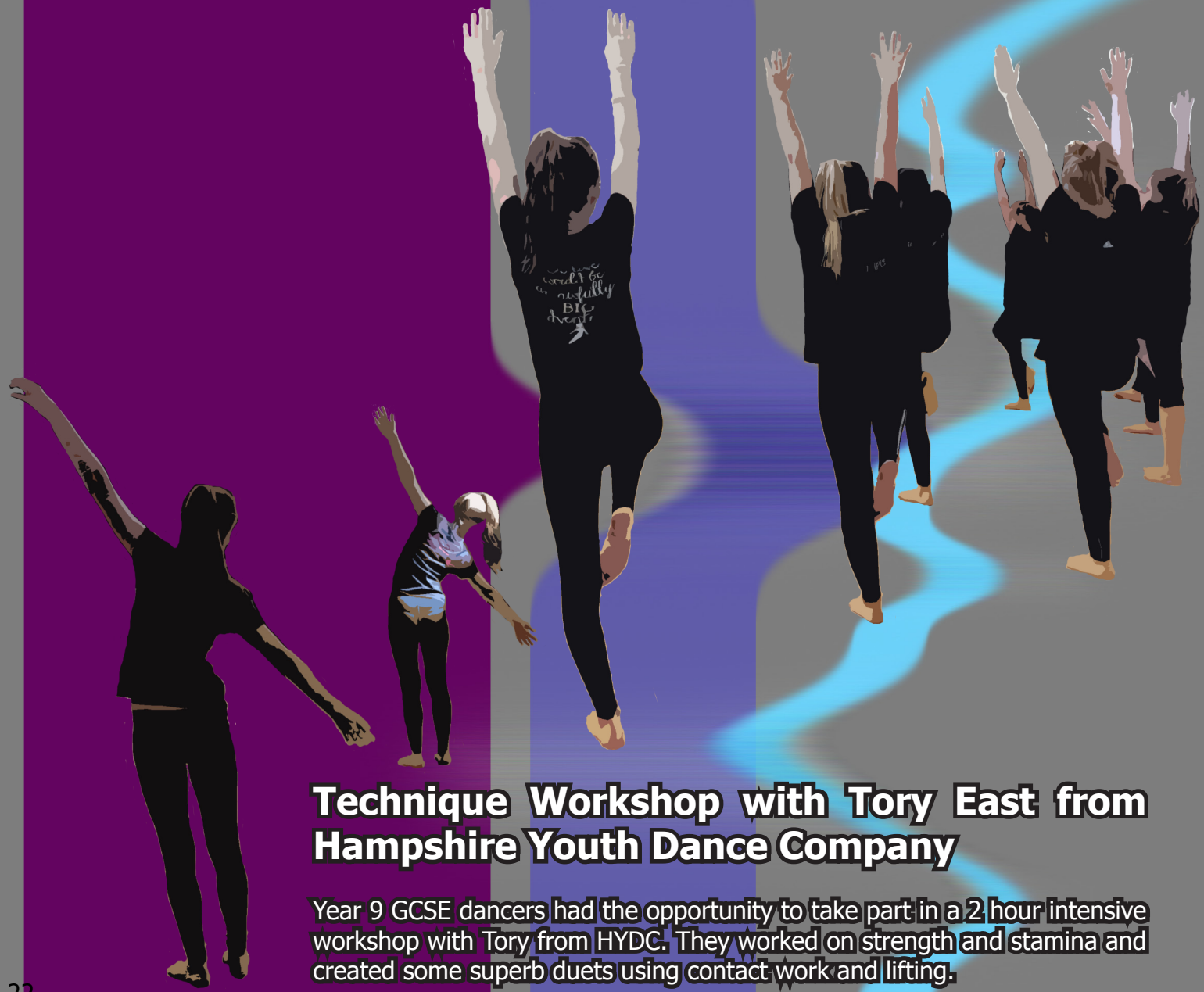


# Dance



## 'The Unheard' at The Hampshire School Games

The boys from 'The Unheard' Dance Company were invited to perform at the Opening Ceremony of the Hampshire School Games. This was a great privilege and to ensure their piece was fitting for this special occasion they worked with choreographer Emma Hill from Goldhill Dance. The boy's performance was outstanding and very well received by the huge crowd.



## Technique Workshop with Tory East from Hampshire Youth Dance Company

Year 9 GCSE dancers had the opportunity to take part in a 2 hour intensive workshop with Tory from HYDC. They worked on strength and stamina and created some superb duets using contact work and lifting.



Year 9 & 10 GCSE dancers at the University of Winchester





# P.E DEPARTMENT



## Ski Trip to Austria – 2017

Another fantastic Ski Trip this year to Austria.

The weather was great, blue skies and sunshine and the snow conditions were perfect. The Austria ski instructors were really impressed with the ability of our pupils who made great progress throughout the week. Many pupils who had never skied before going on the trip were skiing red and black runs by the end of the week.

## District Athletic Championships at Southampton Track

A team of Wildern students competed at the District Athletic Championships this year and produced some very pleasing performances.

Maria Lanza	-	1st Place	-	600m
Dan Kimber	-	1st Place	-	Hurdles
Emily Eades-Scott	-	1st Place	-	100m
Maddie cooper	-	1st Place	-	1500m
Adam Collett	-	2nd Place	-	200m
Emily Eades-Scott	-	2nd Place	-	200m
Joel Walsh	-	2nd Place	-	200m
James Collins	-	2nd Place	-	High Jump
PJ Watkins	-	3rd Place	-	Javelin
Joe Anerty-Quaye	-	3rd Place	-	Discus
George Cooper	-	3rd Place	-	Javelin



Well done to all the athletes who took part on the day – you were all a credit to Wildern.

## Wildern students with GB Volleyball Coach.

A group of Year 9 girls from Wildern are members of a newly formed satellite Volleyball Club supported by the Hampshire County Council's 'This Girl Can' project. The club is based in the school and the girls are being coached by a national GB coach, Dave Gunter.

The girls are making great progress and will shortly be competing in a level 2 qualifying competition for a possible place at the Hampshire School Games.

Good luck girls and thanks Dave for providing such a high level of coaching.

Mr Mooney

## Wildern Swimmer represents Hampshire at National Swimming Championships

Well done to Marcus Scullion who has qualified for the British National Swimming Championships 2017.

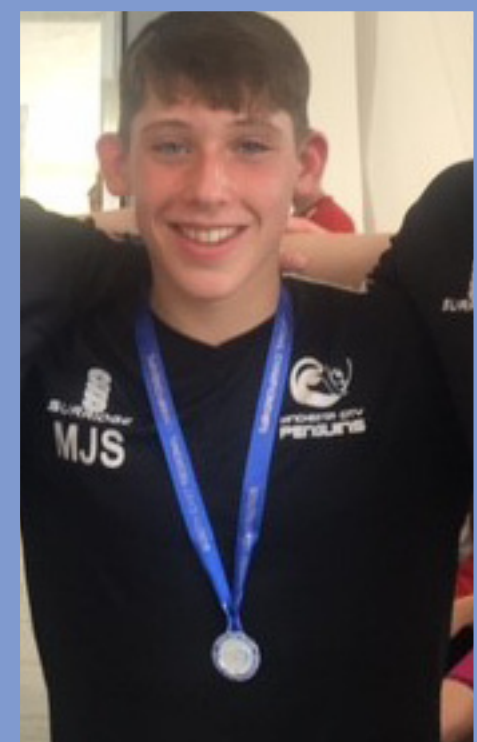
Marcus actually qualified in 5 events:

- 50m Backstroke
- 100m Backstroke
- 200m Backstroke
- 100m Butterfly
- 200m Butterfly

This is an amazing achievement and puts him in the top 10 swimmers in Britain.

Well done to Marcus also for being selected to be part of the Hampshire County team at the annual National County Team Relay Championships at Ponds Forge in Sheffield, in October.

Good luck in all the events.





# Hayling Island



**THE STARFISH STORY**  
One day a man was walking along the beach when he noticed a boy picking up and gently throwing things into the ocean. Approaching the boy he asked: "Young man, what are you doing?"  
The boy replied, "Throwing starfish back into the ocean. The surf is up and the tide is going out. If I don't throw them back, they'll die."  
The man laughed to himself and said, "Do you realize there are miles of miles of beach and hundreds of starfish?" "You can't make any difference."  
After listening politely, the boy bent down, picked up another starfish and threw it into the surf, then smiling at the man, he said: **"I made a difference to that one."**  
— Loren Eiseley



## The Starfish Project

On the 7th June a group of year 9, 10 and 11 students were invited to join Mr Groom and Mrs Exall to participate in the Starfish Project to help raise awareness of Mental Health issues in young people.

The session was led by Hampshire's Children and Adolescent Mental Health Service, Wildern Art teaching staff and a professional Art ceramicist.

The Starfish Project CAMHS are running incorporates the SAFE campaign (Suicide Awareness For Everyone). One element of the SAFE campaign is to use art to express these messages.

But why Starfish? The Starfish Story is relevant to the SAFE campaign because even if this campaign makes a difference to the life of one person, then it is something absolutely worth doing.

Hampshire's CAMHS are working alongside schools, youth organizations, and professional potters/ceramists to produce 145 clay starfish to be placed in public areas, to represent the statistic of '145' young people who end their lives by suicide every year.

The work we produced on the evening of the 7th June will become part of a public art installation that will be exhibited in 4 locations across Hampshire. Three confirmed locations are, Winchester Cathedral, Basingstoke and Romsey.

First of all, we were set the task of writing down on post-it notes the things that stress us out. Also, we had to write down on the post-it notes things that help us to de-stress. Luckily, the things that help us to de-stress, overpowered the things that stress us out.

After this, we moved onto making our clay starfish. First, we had to cut our piece of clay into quarters and then roll them into 2 balls. Secondly, we had used our thumbs to turn each ball of clay into a little bowl. This made the starfish's body as we then secured both of the bowl like shapes together making sure that you couldn't see the seal otherwise they would explode in the kiln. Once we'd completed this, it was time to move onto making the legs. We had to make 5 legs by rolling them in our hands and then we had to attach them to the body of the starfish by making other pieces of clay into long strips so that they could be wrapped around and smoothed down to be secured to the body. After this, we were given different items to give texture to our starfish and then we got to choose a coloured glaze to paint our starfish in.

I thoroughly enjoyed this workshop, along with all the students involved, as it got me thinking about how mental health and stress can affect you physically and mentally. One does make a difference no matter how big or small. I felt proud to be part of this activity and look forward to seeing the final public art installation.

**Lauren Waghorn, Year 10.**



On Monday 19th June Miss Wyatt and 7 Tutors took 88 Year 7 Students to Mill Rythe activity centre on Hayling Island.

The students took part in a range of activities including Archery, Abseiling, Fencing, Circus Skills and Mini Olympics.

We all had a fantastic time even in the hot weather!

**Miss K Wyatt**





# Summer Holidays at Wildern Leisure Centre

Over the Summer Holidays at Wildern Leisure Centre you'll find Children's Multi Sport Activities and Crash Course swimming lessons running, extra swimming sessions during the day for the public and all of our facilities will be available to hire during the day as well. You can find a full timetable of our holiday activities on our website; [www.wildernleisurecentre.co.uk](http://www.wildernleisurecentre.co.uk).

## CHILDRENS MULTI SPORT ACTIVITIES

Including sports such as:-  
**Badminton Basketball**  
**Dodgeball Football**  
**Swimming and more!**  
 For children 8 - 14yrs.  
 Individual days at £18 or  
 whole weeks (5 days) at £75

## SWIMMING CRASH COURSE

Half an hour every day  
 Lessons at 9am, 9:30am 10am  
**£30.00 for the 5 day course**  
 Primary school age+ All abilities



26th - 28th August: Multi Sport Activities

31st - 4th August: Multi Sport Activities & swimming Crash Course

7th - 11th August: Multi Sport Activities & Swimming Crash Course

14th - 18th August: Multi Sport Activities & Swimming Crash Course

21st - 25th August: Multi Sport Activities and Swimming Crash Course

29th - 1st September: Multi Sport Activities

## Aqua Circuits Mondays 6:15pm

A water aerobics session in the learner pool which will help to improve strength and stamina. This pulse raising, toning class will leave you feeling exhilarated and feeling positive.

**"Great fun! Really enjoyed it."**

**"Was worried about coming, but everyone was really friendly and welcoming."**



**Turn up & play**  
 26th July - 1st September

**£2**  
 Muga

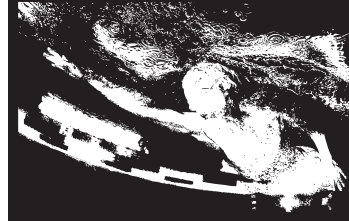
Reduced rates for hire of the badminton and tennis courts as well as the Muga for under 16 year olds weekdays.

**£1**  
 Badminton/  
 Tennis

Turn up, check availability, pay and play.

Under 16's only. Adult and child groups will be charged at the full adult price. Price is per person. All bookings are 55 minutes and are subject to availability. Advanced bookings are charged at full price. Offer only applicable for the holiday period and between the hours of 9am - 5pm Monday - Friday.

## Swimfit



Swimfit is an innovative session which brings fitness classes into the pool. A trained Swimfit activator will be poolside working with you on an engaging and active swimming workout program.

Wed 6:15 - 7pm

Fri 7:30 - 8:15am



## Coming this August

### Fitness Buddy

1st - 31st August

Bring a friend to a class and you get it free.

Casual class bookings only. Contact the leisure centre reception for more details.

For more details or to make any bookings please contact the Leisure Centre Team.



## WILDERN TEENFIT

Tuesdays & Thursdays

3 - 4pm

For any Wildern student  
 years 7 - 11

£2 per session

Places limited, book at Leisure Centre Reception. Included in Premier Family Membership for named children.



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