

DURING WORRYING TIMES SUPPORT IS JUST A CLICK AWAY.



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Supporting young people



ARE YOU ANXIOUS?



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WORRIED ABOUT YOUR
EXAMS?



How ThinkNinja Helps You

- Beating exam stress
- Coping with difficult feelings
- Boosting your mood
- Dealing with negative thoughts
- Reaching your personal goals
- Specific content to help you cope with your worries about COVID-19

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4. Log in using your username and password
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